



**OCTOBER 19, 2013  
CITYCENTRE**

**RACE DAY TIMELINE**

- 6:45 AM - REGISTRATION OPENS
- 7:30 AM - REGISTRATION CLOSES
- 8:00 AM - 5K STARTS
- 9:00 AM - 1K STARTS
- 10:00 AM - AWARDS CEREMONY

**PARKING**

Free parking is available at all CITYCENTRE parking garages. Parking is encouraged for Garage 1, behind Studio Movie Grill.

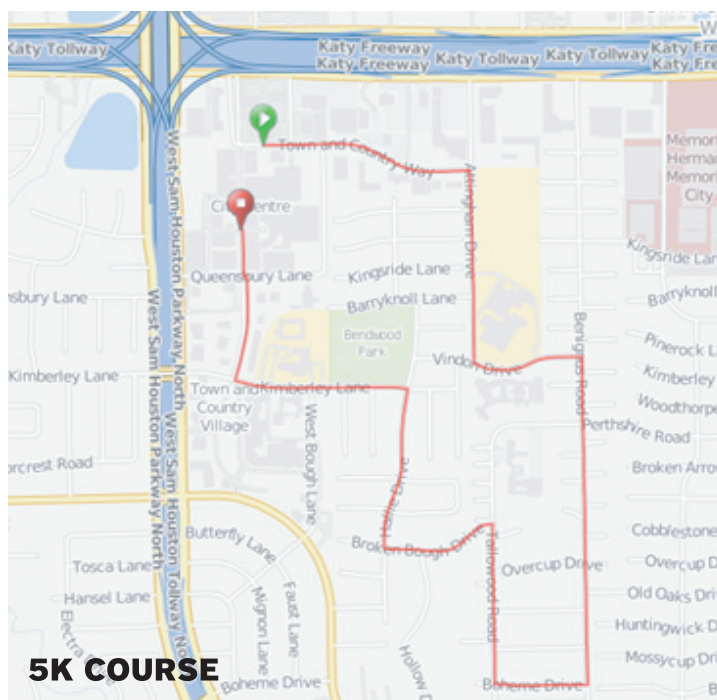
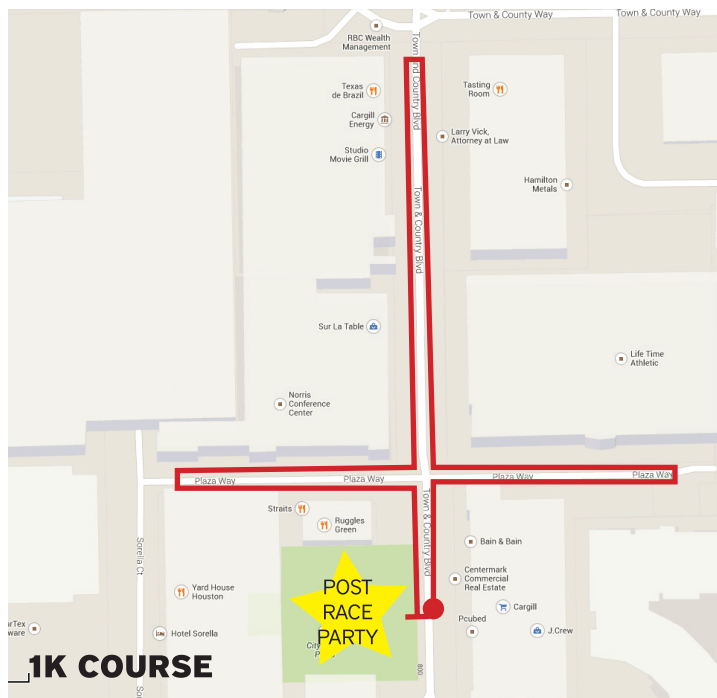
**GENERAL INFORMATION**

Wear comfortable shoes and don't forget your favorite Superhero costume.

Your bib number should be pinned on the front of your shirt or shorts.

Strollers are allowed.

There will be water and gatorade throughout the course and a snack provided by HEB at the Post Race Party. Only race participants will receive complimentary food and water.



**WATER & MEDICAL AID**

Water and gatorade will be available at the water station along the 5K course. Make sure to drink plenty of liquids before the race. If you need medical attention be sure to notify one of the first aid staff members that will be monitoring the course or a volunteer at the water stop.

**POST RACE PARTY**

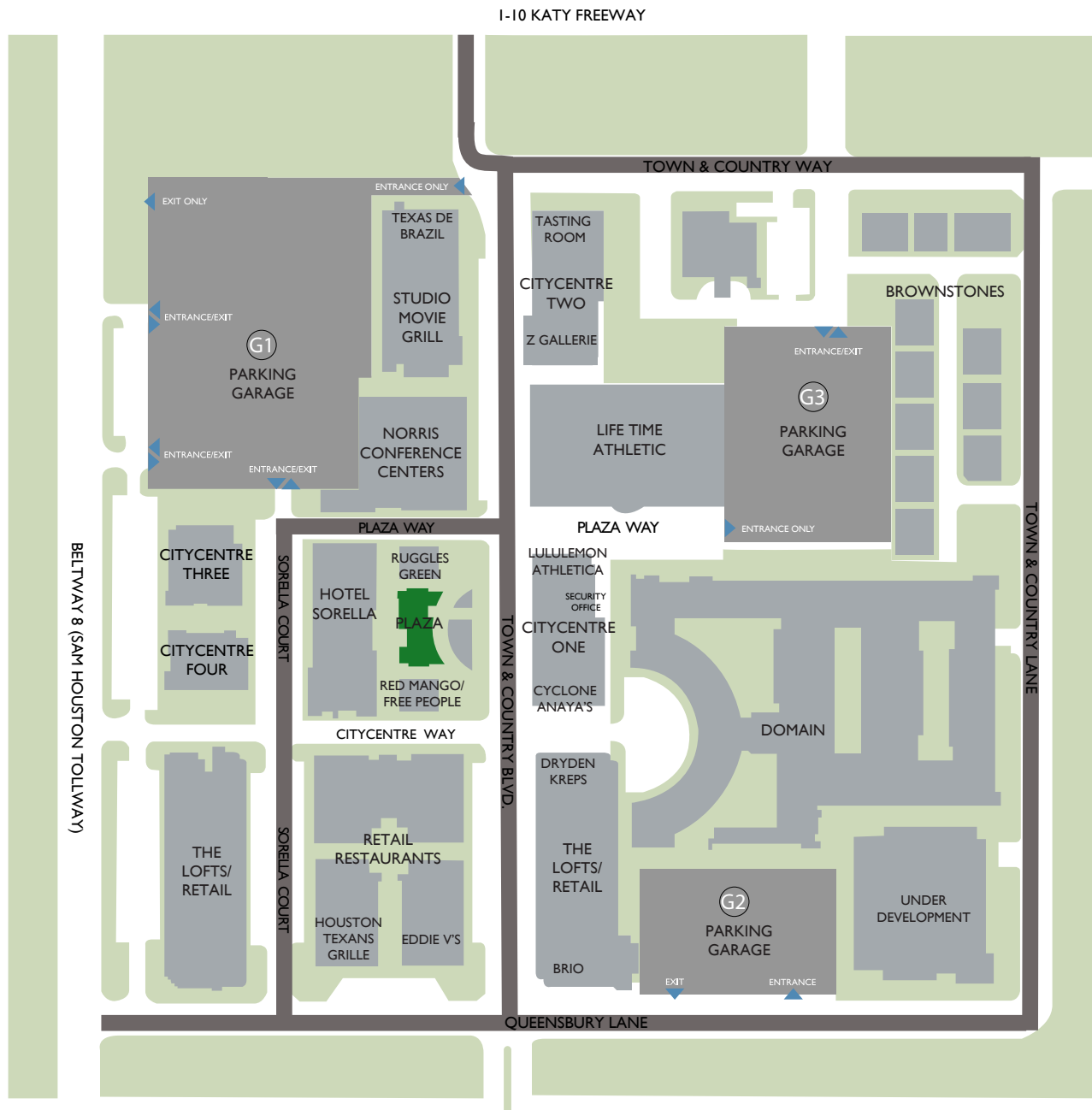
The Post Race Party will be held at the Plaza at CITYCENTRE. Race participants will have the opportunity to enjoy music, visit various booths and enjoy the Superhero Slide.

**AWARDS**

Awards will be given to over-all male and female winners of the 1k and 5k. 5K age group awards will be given to 1<sup>st</sup> place male and female finishers in the following categories: under 19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60+. All children will receive a small medal for finishing the 1K. Costume awards will be given for Best Adult Superhero, Best Child Superhero and Best Group of Superheroes.

**COURSE INFORMATION**

The 1K will start and end at the Plaza at CITYCENTRE. The 5K will start near The Tasting Room and finish near the Plaza. Please see the maps for course guidance.



**2013 CHILD ADVOCATES' SUPERHERO RUN**

**CITYCENTRE HOUSTON**  
 800 Town and Country Blvd.  
 Houston, Texas 77024

\* PARKING IS ENCOURAGED FOR GARAGE 1 BY STUDIO MOVIE GRILL